

**A Unique Spiritual Opportunity  
for those 15-24!**

# Chrysalis<sup>®</sup>



**What happens on a Chrysalis weekend?**  
You'll spend three days with other people your age in worship, prayer, fellowship, creative expression, recreation, singing, and discussion. You'll experience the love of God through prayers and the acts of service from a loving support community.

## **What is a Chrysalis?**

That growth stage between caterpillars and butterflies is called a chrysalis. On the surface it may not look like much is happening, but the delicate chrysalis process changes the fuzzy caterpillar into an awesome butterfly with wings of intricate designs and intense colors. The chrysalis process symbolizes how Christ can transform you into something beyond your dreams. It happens when you grow beyond yourself, opening your life to Jesus' power and transforming love. (Romans 5:5, Ephesians 3:14-21)

## **Who attends?**

**Youth ages 15-18** years old attend *Chrysalis Flight*.

**Young adults 19-24** years old attend *Chrysalis Journey*.

## **Are you interested?**

Chrysalis is open to upper high school students and college-age young adults. We invite you to join us in an exciting three-day experience of God and God's love. It's a new day!

## **Contact:**

The Upper Room Chrysalis • 1908 Grand Avenue, Nashville, TN 37212 • 1-615-340-7229 • [www.upperroom.org/chrysalis/](http://www.upperroom.org/chrysalis/)